



PUBLIC HEALTH REQUIREMENTS FOR TRAVELERS ENTERING MYANMAR  
THROUGH INTERNATIONAL AIRPORTS, SEAPORTS AND CROSS BORDER POES

(1-3-2024)

1. Travelers shall be subject to a thermal screening to be conducted by the respective airport, seaport and cross border POEs health authorities, upon arrival to Myanmar.
2. The foreigners shall bear the cost of the testing, isolation and medical treatment procedures for medical conditions including COVID-19 during their stay in Myanmar and can purchase the health insurance from Myanma insurance. Detailed information can be obtained at the Myanma Insurance's website (<https://www.mminsurance.gov.mm>)).
3. Travelers shall report to the respective health authorities, if they have developed signs and symptoms of COVID-19 during their stay in Myanmar.
4. The travelers shall strictly follow the instructions made by the respective health authorities. A legal action will be taken against the traveler concerned, if there is a breach of health regulations.
5. These public health requirements are subject to changes.
6. These public health requirements shall take effect from 1-3-2024/ 00:01 Hour Myanmar Standard Time, and supersede the Public Health Requirements for Travelers Who Wish to Enter into Myanmar through International Airports, Sea Ports and Cross Border POEs (1-9-2023).